Seasonal Allergy Tabs are formulated to provide relief for the following allergens:**:

**Trees**
- Acacia
- Alder, Red
- Alder, Smooth
- Ash, Arizona
- Ash, Green
- Ash, White
- Aspen, Quaking
- Bayberry
- Beech, American
- Birch, Paper
- Birch, River
- Birch, Sweet
- Birch, White
- Birch Mix
- Black Locust
- Box Elder
- Cedar, Mountain
- Cedar, Pinchot
- Cedar, Red
- Cottonwood, Eastern
- Cottonwood, Western
- Cypress, Arizona
- Cypress, Bald
- Date Palm
- Elm, American
- Elm, Cedar
- Elm, Chinese
- Elm, Slippy
- Elm Mix
- Eucalyptus (Blue Gum)
- Fir, Douglas
- Hackberry
- Hickory, Pignut
- Hickory, Shaq bark
- Hickory, Shellbark
- Hickory, White
- Hickory Mix
- Juniper, One seed
- Juniper, Rocky Mountain
- Maple, Red
- Maple, Silver
- Maple, Sugar
- Maple Mix
- Mesquite
- Mulberry, Paper
- Mulberry, Red
- Mulberry, White
- Oak, Black
- Oak, Blackjack
- Oak, Bur
- Oak, Live
- Oak, Post
- Oak, Red
- Oak, White
- Oak Mix
- Olive, European
- Osage Orange
- Palm, Queen
- Pecan Pollen
- Pine, Austrian
- Pine, Lobolly
- Pine, Scotch
- Pine, White
- Pine Mix
- Poplar, Lombardy
- Poplar, White
- Privet
- Spruce, Blue
- Sumac, Upland
- Sweetgum
- Sycamore
- Tree of Heaven
- Walnut Pollen, Black
- Willow, Black

**Weeds**
- Broomweed
- Carelessweed
- Cocklebur
- Dandelion
- Dock, Sour
- Dock, Yellow
- Firebush
- Goldenrod
- Greasewood
- Groundsel Tree
- Nettle
- Lamb’s Quarters
- Marshelder, Burweed
- Marshelder, Narrowleaf
- Marshelder, Rough
- Mugwort
- Pigweed, Spiny
- Pigweed, Rough
- Pigweed Mix
- Privet
- Veget
- Spruce, Blue
- Sumac, Upland
- Sweetgum
- Sycamore
- Tree of Heaven
- Walnut Pollen, Black
- Willow, Black

**Grasses**
- Alfalfa
- Bahia Grass
- Bent Grass, Creeping
- Bermuda Grass
- Bluegrass, Annual
- Bluegrass, Kentucky
- Brome, Hungarian
- Canary Grass
- Chess, Southern
- Corn, Cultivated
- Fescue, Meadow
- Grama, Blue
- Johnson Grass
- June Grass, Western
- Oat Grass, Tall
- Oats, Cultivated
- Orchard Grass
- Quack Grass
- Redtop
- Ryegrass, Italian
- Ryegrass, Perennial
- Sorghum, Grain
- Sudan Grass
- Sugar Beet Pollen
- Sweet Clover
- Sweet Vernal
- Timothy Grass
- Wheat, Cultivated
- Wheat, Western

Herbal Drainage Remedies
- Baptisia tinctoria
- Hydrastis canadensis
- Myrrha
- Nasturtium aquaticum
- Phytolacca decandra
- Trigonella foenum-graecum

Active Ingredients: Antigens 6X, 12X, 30X: **Seasonal Grasses, **Seasonal Trees, **Season Weeds; Herbal Drainage Remedies 3X: Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS.

Inactive Ingredients: Croscarmellose Sodium, Magnesium Stearate, Microcrystalline Cellulose, Xylitol.

*www.allergena.com/drugdisclaimer
**DISCLAIMER: Local allergens listed are immunologically reactive with the standard homeopathic antigen formulation used in this and other Allergena products.
Frequently Asked Questions

How do Allergena Seasonal Allergy Tabs work?
The immune system defends us against disease. When harmful substances are detected, such as pollens, the immune system creates antibodies, which destroy or neutralize allergens (i.e. pollens, dust and/or mold) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Immunotherapy that reduces the body’s negative reaction to allergens. Our homeopathic chewable tablets build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms.

- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

What does “Effective in All 50 States” mean?
We took 30+ years of successful allergy relief sales to bring you a formula that combines the most allergenic trees, weeds and grasses found in all 50 states. Our original 9 formulas varied depending on where you lived in the United States. But with Allergena Seasonal Allergy Tabs you can build immunity no matter where you live or where you travel. These quick dissolving chewables will help your body fight the trees, weeds and grasses that make you miserable.

Why are drainage remedies included?
Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

How long before Allergena begins “working”?
Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

How long should I continue to take Allergena?
Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is to chew and dissolve 1 tablet, 3 times daily. Children (ages 7-12) chew and dissolve 1 tablet, 3 times daily and Children (ages 2-7) chew and dissolve 1 tablet, 2-3 times daily. Acute Allergy Attack: During an acute allergy attack, administer 1 tablet every 2 hours, in addition to 3 times daily.

Severe and long-term allergy sufferers?
Pre-Season: Begin Allergena one to two weeks before the allergy season at 1 tablet, twice daily. During Allergy Season: Increase to your recommended dosage. Post-Season: For best results, reduce your recommended dosage to once daily for the two weeks following the allergy season.

Are there any side effects?
There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

Can I take Allergena with other medications?
Yes. There are no known adverse drug interactions.

What is Sublingual Immunotherapy (SLIT)?
Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.


More Products by Allergena

Zones 1-9 & HI
Allergy Relief from Trees, Weeds & Grasses

Mold Mix
Allergy Relief from Molds & Fungi

Dust+Mite
Allergy Relief from Dust Mites & House Dust

Fragrance
Allergy Relief from Fragrances, Smoke & Pollutants

Pet Dander
Allergy Relief from Cats & Dogs and Other Animals

for Pets
Allergy Relief for Cats & Dogs